Practice Transformation Update & Sustainability

Nancy Fan, MD, Chair, Delaware Health Care Commission, 5/3/18
Overview

• All activities voluntary, no direct cost to practices
• Coaching for primary care practices since 2016
• Behavioral Health Integration initiative launched late 2017
• Primary Care Workgroup launched April 2018
Practice Transformation Activities

• With SIM funds, DHCC supported 4 vendors to work with more than 120 DE practices
• Practices enrolled at different times; some received 18+ months of coaching
• Coaching focused on 9 milestones associated with Patient-Centered Medical Home criteria
• With consultants, DHCC in process of surveying practices, assessing results
• Sustainability depends on payment reform
  • To support care coordination, collaboration
  • To support prevention, pro-active care
<table>
<thead>
<tr>
<th>Medical Doctors</th>
<th>Nurse Practioners /Physician Assistants</th>
<th>Total # of clinicians</th>
<th>Total # of Sites</th>
<th>Clinicians per site</th>
</tr>
</thead>
<tbody>
<tr>
<td>293</td>
<td>131</td>
<td>424</td>
<td>129</td>
<td>3.3</td>
</tr>
</tbody>
</table>

- Had broad participation in all 3 counties
- Approximately 40% of practices have hospital affiliation
- 30% of participating clinicians were Nurse Practioners or Physician Assistants
- We see more NCQA PCMH recognized practices in DE
- Some practices working with ACOs for PT support
- Some systems (Nemours) have own resources/model
## Participating Sites by Health System

<table>
<thead>
<tr>
<th>Health System</th>
<th>Sites</th>
<th>Primary Care clinicians</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nanticoke</td>
<td>5</td>
<td>15</td>
</tr>
<tr>
<td>Christiana Care</td>
<td>13</td>
<td>63</td>
</tr>
<tr>
<td>Bayhealth</td>
<td>8</td>
<td>12</td>
</tr>
<tr>
<td>Beebe</td>
<td>9</td>
<td>20</td>
</tr>
<tr>
<td>St. Francis</td>
<td>3</td>
<td>8</td>
</tr>
<tr>
<td>Westside FQHC</td>
<td>6</td>
<td>36</td>
</tr>
<tr>
<td>Henrietta Johnson FQHC</td>
<td>3</td>
<td>9</td>
</tr>
<tr>
<td>La Red FQHC</td>
<td>3</td>
<td>16</td>
</tr>
</tbody>
</table>
Behavioral Health Integration

Launched at the end of 2017 and led by Health Management Associates

- HMA did site visits and readiness assessments
- 14 practices recruited for Cohort 1 (7 PC, 7 BH)
- Virtual learning community established
- 2 learning collaborative held
- Cohort 2
- Looking at collaborative care codes to support practices in short term
Behavioral Health Integration

Cohort I

• 14 practices participating in the technical assistance (TA) program since October 2017
  • Individualized practice coaching and assessing readiness for level of integration
  • Learning Collaboratives (2) and Knowledge Sharing Opportunity
  • Content webinars: Billing for BH in primary care, Use of a registry, and Psychotropic Prescribing
• Learning Collaborative I: February 2018
• Learning Collaborative II: April 2018
• Knowledge Sharing Opportunity: June 2018
  • Panels including practice participants on Enhanced Referrals and Measurement Based Care Outcomes
Cohort I Successes

- Practices identified opportunities for partnerships and referrals
- Practice coaches identified initial practice goals, documenting coaching activities, progress and next steps. All 14 practices developing workflows, expanding referral networks, and implementing tools for measurement
- HMA held the full-day Learning Collaborative #1 on February 22, with 56 participants in attendance. Individual session ratings ranging from 4.68 to 4.92 on a scale of 1 (poor) to 5 (excellent)
- HMA conducted Financing Options webinar on March 22
- HMA held the full-day Learning Collaborative #2 on April 19, with 41 participants in attendance
- Alignment of data registry and quality outcome measures is complete and initial work drafting BH/PH registry has begun
Behavioral Health Integration

Cohort II

- Recruitment of practices
- Webinar to share information about the TA program and answer questions
  - May 16, 2018; 7:00am and 12:00pm
- To date, 10 practices have applied to participate in Cohort II
Primary Care Workgroup

• Co-sponsored by DHCC, DCHI Clinical Committee
• Co-chaired by Dr. Fan and Dr. Alan Greenglass
• Supported by HMA and DHCC
• Deliverables: strategies to strengthen and sustain primary care in Delaware
• Timeline: By end of 2018
Scope of Primary Care Workgroup

• Review
  • Best available workforce data and trends in Delaware
  • Delaware workforce pipeline and programs
  • Definitions and models of care

• Assess
  • SIM sponsored primary care initiatives
  • Role of payment reform
  • Role of ACOs to support ongoing transformation

• Consult
  • Wide group of Delaware stakeholders (Roundtable on June 19)
  • National experts (Milbank, PCPCC)

• Provide options and recommendations to HCC
Upcoming June HCC Meeting

• Highmark Delaware
  • To describe its True Performance Value-based Payment Program
  • To review Delaware 2017 results